

Complete **both** the Release/Waiver and Registration portions for each participant.

**Release, Waiver Statement and Assumption of all risks by the Entrant**

I, the undersigned, knowingly accept and fully understand the inherent risks involved in bicycle touring. In consideration of your accepting this entry, I, intending to be legally bound, for myself, my heirs, assigns, executors and administrators, release and waive any and all rights for any damages as I may have against organizers and agents of the "Bike for Your Life Vancouver Island Society" and for any and all injuries suffered by me in any cycling tours organized by the "Bike for Your Life Vancouver Island Society" and for the same consideration, the undersigned parent, or guardian, hereby indemnifies and agrees to hold the "Bike for Your Life Vancouver Island Society" and its agents harmless from any and all liabilities which may occur by the entry of the applicant in the "Bike for Your Life" cycling tour. I also hereby consent and authorize emergency medical treatment in the case of injury. I understand that any and all medical costs will be my responsibility. I represent that my physical and mental condition, as well as my equipment is, to the best of my knowledge, adequate to allow me to safely participate in the distance I have selected, in the "Bike for Your Life" cycling tour.

I agree to all conditions set forth in the general information and the preceding waiver.

Name (please print)

Signature Date

Participants under 18 must have written consent from a parent or legal guardian.

Signature of Parent or Guardian Date

Participants under 12 must be accompanied by a responsible person during the cycle tour.

All Riders must wear an approved bicycle helmet and obey all traffic safety laws.

Release/Waivers must be completed in full in order to participate in the tour.

Rev. 2-18/04/2010

Please use one Registration form per person

Family Name (essential for family rate)

Name (please print)

Address

City Province / State & Postal Code

E-mail (required for rapid contact & up-to-date info.)

Telephone Number

Emergency Contact (Name & Phone # on Day of event)

How did you hear of the event? (eg. radio, bike shop, ...)

Age (circle one) Under 18 18 to 44 45 and over

Gender (circle one) Male Female

Circle the distance that applies to this participant

15km 35km 50km 70km 100km

FEES SINGLE: Under 18 = \$10.00 Over 18 = \$15.00 FAMILY: (3 or more persons) = \$35.00

Please make cheque payable to: "Bike for Your Life" Vancouver Island Society

START TIMES 100 km - 9:00 am 70 km - 9:30 am 50 km - 10:00 am 35 km - 10:30 am 15 km - 11:30 am

Please arrive at least 30 minutes before the designated start time of the route you have chosen so that you may sign out and pick up your route guide and ID ribbon.

Donations to Stroke Recovery can be made payable to Oceanside Stroke Recovery Branch on event day or submitted directly to: Gwen McMillan, Box 175, Coombs, BC V0R 1M0

OFFICE USE ONLY

OUT IN



Tour Event date is Sunday, August 8th 2010.

The start and finish is in Parksville at the "Parksville Community Civic and Technology Center" Corner of Jensen Ave East and Craig Street

The 100 km event is the Jim Ryan Memorial

As your cycling safety is important to us, please :

- Cooperate with the Marshals who will be on and along the course.
• Marshals will be so identified.
• Check-out at Registration Center prior to starting the tour.
• Check-in at Registration Center on completing the tour or inform a Marshal if you are leaving the ride before completing it.
• Ensure your equipment is in proper working order; have a qualified mechanic check your bike.
• Check with a physician that you have the ability to undertake the ride distance you have chosen.

CONTACTS

"BIKE FOR YOUR LIFE" Vancouver Island Society Phone 1-877-348-0647 or 250-248-0647 Email - bike4yourlife@hotmail.com Web - www.bikeforyourlife.org

Mail completed form by July 30th, 2010 to:

Bike For Your Life - Vancouver Island Society Box 1191, Parksville, BC V9P 2H2

Please do not mail your registration after July 30th; wait and Register in person at the event.

OR

Drop off completed forms at Oceanside Place located in Wembley Mall, Parksville, before August 05, 2010